

HOW DO I REFER SOMEONE TO INSPIRE?

You can refer someone to us via any of the following:



Website

Visit www.inspirelancs.org.uk and complete our online referral form



Over the phone

Our admin team will take a few details from you, and arrange an appointment for you to come in and see someone



By Post

Complete the referral form in this leaflet and pop it in the post to us.

FREQUENTLY ASKED QUESTIONS

People may have concerns about being referred to us. Some frequently asked questions about joining Inspire are listed below, which may help you reassure people about the referral.

Will my family and friends find out that I go to Inspire?

We encourage everyone to be honest with their loved ones, so that they can support you. However, Inspire will not share any information about you without your consent.

If I join Inspire, do I have to go to groups?

Group work has been proven as an effective way to stay motivated, but we recognise that it isn't for everyone. You will have an individual plan which you will agree with your worker, to best suit your needs.

I have a full time job - how can I attend appointments?

We can arrange appointments to fit around your schedule - in the evenings, or at the weekends. We can also offer some appointments digitally - over the phone, or by Skype or email

inspire

Substance Misuse Service



North & Central Lancashire

HOW CAN WE HELP

Inspire support anyone worried about their own, or someone else's, drug or alcohol use.

Whether someone depends on alcohol or drugs, has the occasional binge on a weekend, or feels like their substance use is having a negative impact on their life - as little or as much as they use, we can help.

We offer a range of interventions, including:

- One to one support
- Group programmes
- Community and in-patient detox
- Opiate Substitution Therapy
- Wellness and holistic therapies
- Counselling
- Recovery Support and Relapse Prevention
- Behaviour Change and Motivational support
- Engagement & Recovery Housing
- Employment, Education & Training Support

Our hubs can be found throughout North and Central Lancashire, along with many community venues where we deliver group, one to one and clinical support:

FLEETWOOD

Lofthouse Building, London Street, Fleetwood, FY7 6JL

LANCASTER

26 St George's Quay, Lancaster, LA1 1RD

ST ANNE'S

The Paterson Centre, 75 St Albans Road, St Anne's, FY8 1XD

MORECAMBE

Belfield House, 173 Euston Road, Morecambe LA4 5LQ

PRESTON

St Wilfrids Building, Fox Street, Preston, PR1 2AB

CHORLEY

Matrix House, Friday St, Chorley, PR6 0AA

SKELMERSDALE

75-79 Westgate, Skelmersdale, WN8 8LP



08081 698 673



inspire.northlancs



@inspirelancs



www.inspirelancs.org.uk

SELF REFERRAL FORM

Please provide as much information as possible in the below form, this will enable us to arrange appointments as quickly as possible.

Date: _____

First Name: _____

Surname: _____

Date of Birth: _____ dd/mm/yy

Address: _____

Post Code: _____

Gender: Male Female Prefer not to say

Phone Number (indicate if we can leave a message*): _____

Mobile: _____ Yes/No*

Home: _____ Yes/No*

Can we send you appointment information by text? _____ Yes/No*

Email address: _____

How is the best way to contact you (please circle)?
Telephone / Post / Email/ Text Message

GP Name and Surgery: _____

Please sign here: _____